

# Veterans of Foreign Wars Auxiliary Department of Maryland

### AUXILIARY OUTREACH PROGRAM



# Reaching Out AUGUST & SEPTEMBER

### So, how's it going?

It's been over a month since our School of Instruction. With the materials you received, I am confident that every Auxiliary could be reporting each month for Auxiliary Outreach.

Hopefully you have collected your long-standing partnerships to report each month and are ready to move on and connect members to new groups. My mailings will offer ideas for partnerships in our communities. Please share these at your meetings.

Seem to be stuck? Call or email me and together we can get your program rolling.

Cathy Gistedt
Department Chairman



**Outreach Shooting Stars** 

AUX 8509 working for Moravia Park Elementary School at their Spring Fair. Great job *reaching out*!



#### **Earn Bonus Points!**

With your report (or all by itself), send a photo or several photos of one or more of your members volunteering for another organization on a voted Outreach project for your Auxiliary wearing your auxiliary cap, pin, shirt, or name badge to identify our VFW Auxiliary *reaching out* to help our communities. Get Bonus Points with your selfie!

### **Volunteer Opportunities Around Our State**

- ✓ Santa's Helpers Anonymous (Phoenix) 410-771-0999
- ✓ Big Brothers-Sisters of Eastern Shore (Mentors Needed)
   410-543-2447 (Emily Thompson)
- ✓ Montgomery & Prince George's Hospice (Rockville)
   301-921-4400
- ✓ Scales & Tales (Assateague State Park) 410-641-2120
- ✓ Baltimore County Senior Centers 410-887-2040
- ✓ Bread for the City (Washington, D.C.) 202-561-8587

Please share any opportunities to reach out in or near your communities at your next Auxiliary meeting.

Based on information from Internet sites.

Auxiliary Outreach is designed to be very specific in working with other organizations. But if something happens between meetings, encourage members to go ahead and volunteer, then let you know as soon as possible. At your next Auxiliary meeting, the new partnership could be retroactively approved.

Remember that just giving your
Auxiliary Outreach report at your
meeting is NOT reporting. The
Department Chairman needs a copy of
the report at: <a href="mailto:cathygistedt123@gmail.com">cathygistedt123@gmail.com</a>

With charity you give love, so don't just give money but reach out your hand instead. Mother Teresa, Missionary & Humanitarian



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#### **? ? ? ?** Members Ask **? ? ? ?**

My Auxiliary held a chicken dinner to help with the costs for this year's Veterans Day parade for our community. Why can't I report this project? Raising money for the parade is not part of the Outreach Program. Yes, donating money helps the parade. But if you want to report for Outreach you would contact the parade committee to help them collect donations for the parade or offer to line-up the units on the morning of the parade. Volunteer your TIME, not money.

Still have a question? Send your question or concern to <a href="mailto:cathygistedt123@gmail.com">cathygistedt123@gmail.com</a>



### **Start With Baby Steps**

When you find a new Outreach partner, think of starting with baby steps. Once a director of Encore.org, a non-profit dedicated to helping people over 50 wanting to make a social impact, Betsy Werley tells us about volunteering: "Each nonprofit has its own culture and it might not work out the first time."

As you begin volunteering, plan your schedule for only one or two months into the future to see if you really enjoy your position and the organization

Volunteering should always be fun as you are *reaching out*.

before making a long commitment.



### Learn More About *Reaching Out* to...

#### **Special Olympics of Maryland**



Special Olympics is based on the belief that people with disabilities benefit from participation in both individual

and team sports. Volunteers assure that every athlete receives quality training and has a good competition experience in Special Olympics events.

Opportunities to *reach out* to the Special Olympics of Maryland include:

- Summer Olympics games held locally need coaches, sports volunteers, and game management for specific sports.
- The well-known *Polar Bear Plunge* fundraiser is held in February at Sandy Point State Park.

  Volunteers are always needed to assure the event runs smoothly.
- Over the Edge for the Special Olympics in September offered the thrill of rappelling down a 12-story building in Columbia. Join their team if volunteers are still needed.
- In February off Garrett Highway in Oakland, the *Deep Creek Dunk* has been held for fundraising and appreciates volunteers to help.

For more information on these and other volunteer opportunities with Special Olympics of Maryland, call 410-242-1515 to confirm these events are being held.

**Remember:** You need to work under the direction of Special Olympics organizers.



Taken from online information at Special Olympics of Maryland.

**Are You Using MALTA Resources?** Log in to MALTA as a member then click on *Member Resources* at the top. Click on *Auxiliary Outreach* at the left to read the *Auxiliary Outreach Guide 2023-2024* with information and examples from National Ambassador Sandra Pinsonault.

Cathy Gistedt
2911 Ritchie Avenue
Edgemere, MD 21219-1244
410-477-1078
cathyqistedt123@gmail.com